

Program Title	Program Description
Exam Prep	Exams can count for a large percentage of a student's course grade. This workshop gives students important tips and strategies to help them succeed on exams.
Facts Matter: Developing Effective Relationships with your Faculty	Students must be active participants in their learning. This workshop shares strategies on how to develop strong connections with faculty that will ultimately contribute to their academic success.
It's in the Syllabus	A syllabus contains pertinent information related to a student's success in the course. In this workshop, students will learn how to read a syllabus and how to use a master syllabus to manage due dates of all of their coursework.
Making Group Work Work	During a student's college career they will be expected to work collaboratively with other students. This workshop provides strategies on how to make working in small groups a positive experience for everyone.
SQR3 vs the Study Cycle	Understanding how to study for classes is vital to a college student's success. This workshop outlines two strategies for effective studying.
Take 5: Notetaking Tips and Tricks	Taking good notes in class is a key to success. This workshop provides students with tips to perfect their notetaking style.
Time Management in an Online Course	Learning occurs differently in an online course. This workshop teaches students how to manage their time within an online or hybrid course and provides tips to stay on top of their work. Strategies for connecting with classmates and professors online will also be shared.
You Still Should Cite the Internet	To be successful, students must have a thorough understanding of the academic code at Limestone. Using interactive activities, this workshop reviews the academic policies and guidelines and teaches students how to identify plagiarism and to correct citations within their own writing.
Financing College: Students Loans and Scholarships	College can be expensive. This workshop explains how to navigate loans, secure scholarships, and manage both.
MoneySmart	Learning how to be money smart and financially savvy is crucial to a college student's survival. This workshop will highlight ways to save money, encourage financial goals, and maintain good credit.
168 Prioritization	There are 168 hours in each week. Do you spend them wisely? This workshop will provide tips and strategies to assist students in making the most of their time.
Fitting Life into College and College into Life	Life happens and now, so does college. How can students find balance? This workshop gives advice on how to fit the many aspects of being a college student into an already busy life.
Mutual Expectations: Civility and Integrity on Campus	A college campus is a great place to meet people of different values, beliefs, and ideas. This workshop discusses how students can take proactive steps to promote civility throughout the campus community.
SMART Goals	As a college student it is important to have direction. This workshop breaks down how to develop realistic, action-oriented goals to help reach your greatest potential.
Take a Break	Students need to stay mentally and physically fit to be successful. This interactive workshop shares how to incorporate healthy habits into a busy life.
Under Construction	Being successful is something every college student envisions. This workshop outlines habits of successful college students and explains how to incorporate them into your life.
Your Digital Footprint	Every day we leave small traces of our personal lives online to be captured by others. This workshop discusses how to create and protect a positive online identity.

