

Limestone College
Athletic Training Program
Active Communicable/Infectious Disease Policy

It is the intent of the Athletic Training Program to protect the health and safety of its students. This policy has been designed to provide students, Clinical Preceptors, and Athletic Training Faculty with a plan to assist in the management of students with communicable/infectious diseases as defined by the Centers for Disease Control (CDC) and the South Carolina Department of Health and Environmental Control (SC DHEC). Per the CDC, "Communicable disease" means an illness caused by an infectious agent or its toxins that occurs through the direct or indirect transmission of the infectious agent or its products from an infected individual or via an animal, vector or the inanimate environment to a susceptible animal or human host.

In accordance with the guidelines from the South Carolina Department of Health and Environmental Control and the Limestone College Health Center, the following policies and procedures have been developed for the control of communicable diseases. Any student who is diagnosed with a communicable disease identified on the South Carolina List of Reportable Conditions is required to be reported to the Region 2 Public Health Office. Students who contract a communicable disease are required to obey the prescribed guidelines by consulting physician(s) and may not participate in any Limestone College sanctioned events, including classes, until cleared by the consulting physician(s). The complete list of reportable conditions is available at <https://scdhec.gov/sites/default/files/Library/D-1129.pdf>.

Examples include:

- Bloodborne pathogens
- Diarrheal diseases
- Hepatitis viruses
- Measles
- Pediculosis
- Scabies
- Varicella
- SARS
- Poliomyelitis
- Staphylococcus aerus
- Conjunctivitis
- Diphtheria
- Herpes simplex
- Meningococcal infections
- Pertussis
- Streptococcal infections
- Herpes zoster
- Gastrointestinal infections
- Influenza
- Cytomegalovirus infections
- Enteroviral infections
- HIV
- Mumps
- Rubella
- Tuberculosis
- Viral respiratory infections
- Parovirus
- Rabies

The following guidelines have been established by the Athletic Training Program to prevent exposure and infection:

- Students must submit Limestone College Medical History and Physical Examination during the application period.
- Students must submit an immunization record that minimally indicates immunity to Tetanus-Diphtheria, Measles, Mumps, and Rubella, Hepatitis B Virus Vaccine series, Meningitis (highly recommended), and a Tuberculosis questionnaire (or PPD).
- Students must successfully complete annual Bloodborne Pathogen Training.

- Students are required to use proper hand washing techniques and practice good hygiene at all times.
- Students are required to use Universal Precautions at all times when functioning as a student in the Athletic Training Program. This applies to all clinical sites and affiliated clinical sites.
- Students are not to attend clinical rotations or clinical experiences if they have active signs or symptoms of a communicable disease.

The following guidelines have been established by the Athletic Training Program to manage a potential infection:

- Any student who has been exposed to a potential infection before, during, or after a clinical experience should report that exposure to his/her Clinical Preceptor immediately.
- Any student who demonstrates signs or symptoms of infection or disease that may place him/her and/or his/her patients at risk, should report that potential infection or disease immediately to the Clinical Preceptor so that they can set up a referral to a physician.
- Any student who has been diagnosed with a communicable disease may not return to clinical rotations and/or clinical experiences until they have been cleared by a consulting physician(s).
- The student is responsible for keeping the PD and/or CEC informed of his/her conditions that require extended care and/or missed class/clinical time. The student may be required to provide written documentation from a physician to return to class and/or clinical site.
- If a student feels ill enough to miss ANY class, that student should notify the appropriate instructor immediately.
- If a student feels ill enough to miss ANY clinical experience, that student should notify the CEC and Clinical Preceptor immediately.

I, _____ (print name), have reviewed the Athletic Training Program's Active Communicable/Infectious Disease Policy and had ample opportunity to have any and all questions answered. My signature indicates that I understand and agree to abide by this policy.

Student Signature: _____ Date: _____